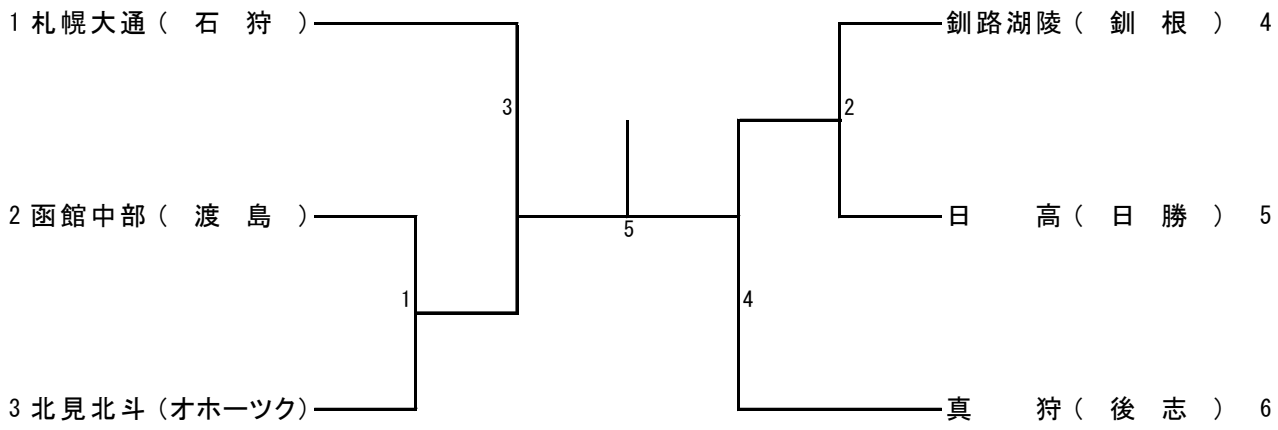女子